

**SHIVAJI UNIVERSITY,  
KOLHAPUR.**

B.A. II Psychology

New Syllabus

Semester III & IV

Introduced from June, 2014

**SCHEME OF EXAMINATION :-**

- The examination shall be conducted at the end of each semester.
- The theory paper shall carry 40 marks.
- The evaluation of the performance of the students in theory papers shall be on the basis of semester Examination of 40 marks.
- Question Paper will be set in the view of the /in accordance with the entire Syllabus and preferably covering each unit of syllabi.

**STANDARD OF PASSING:-**

**As Prescribed under rules & regulation for each degree/programme.**

**EQUIVALENCE IN ACCORDANCE WITH TITLES AND CONTENTS OF PAPERS- (FOR REVISED SYLLABUS)**

<b>Old Subject</b>	<b>New Subject</b>
Semester –III	Semester- III
<b>Counselling Psychology</b>	<b>Child Psychology</b>
<b>Applied Psychology</b>	<b>Social Psychology</b>
Semester- IV	Semester –IV
<b>Counselling Psychology</b>	<b>Developmental Psychology</b>
<b>Applied Psychology</b>	<b>Applied Psychology</b>

The theory paper shall Carry 50 Marks for each paper. Total Marks for each paper will be 50 Marks. Question paper will be set in view of the in accordance with the entire syllabus and preferably covering each unit of syllabi.

Standard of Passing: - To pass Sem. - III/IV in B.A. Psychology-Part-II examination a Candidate must obtain 40 Percent marks in each paper.

**SHIVAJI UNIVERSITY, KOLHAPUR**

**Bachelor of Arts in Psychology (Part-II) Sem-III Syllabus and Sem.-IV Syllabus (New)**

REVISED SYLLABUS JUNE, 2014

Year of implementation: The revised syllabus will be implemented from June, 2014 onward.

Pattern: - Pattern of examination will be semester

Medium of instruction: The medium of instruction shall be in English/Marathi

Title-Child Psychology – Paper- III Sem.-III

4 Hr. / week 50 marks

Title –Social Psychology – Paper- IV Sem.-III

4 Hr. /week 50 marks

Title-Applied Psychology – Paper-V Sem.-IV

4 Hr. /week 50 marks

Title –Developmental Psychology – Paper- VI Sem.-IV

4 Hr. /week 50 marks

NEW/REVISED SYLLABUS FOR  
**B.A. (Part II )**  
(Introduced from June, 2014 onwards)

(i) **Paper – III**

(ii) **Title of Paper: Child Psychology**

(iii) **Specific Objectives:**

1. To understand the beginning process of life.

2. To know the Prenatal ,Infancy and childhood developmental processes

(iv) <b>UNIT</b>	<b>No.of Lectures</b>
Unit 1 Biological Beginnings	(No. of Lectures – 15)
Unit 2 Prenatal Development	(No. of Lectures – 15)
<b>Unit 3</b> Infancy	<b>(No. of Lectures – 15)</b>
<b>Unit 4</b> Early Childhood	<b>(No. of Lectures – 15)</b>

(vi) **Books for Reading:**

1. Santrock, J.W.(2011). Life-Span Development, Thirteenth Edition, New Delhi:Tata Mcgraw Hill Education Private Limited.

**Books for References:**

- 1) 1.. Borude, R.R. Kumathekar, Medha & Golvilkar, Shila (2013). Vaikasik Manasashatra, Dusari Aavruti, Pune: Pune Vidhyarathi Gruh Prakashan.

- 2) Papalia, Diane E. and Olds Sally Wendkos (2004). Human Developmental, 9th Ed., New Delhi: Tata McGraw – Hill Publishing Company Ltd,

## B.A.II

### Semester- III

### Paper- III

### CHILD PSYCHOLOGY

#### **UNIT 1: BIOLOGICAL BEGINNINGS**

- 1.1 Genetic foundation of Development
- 1) The Collaborative Genes
  - 2) Genes and Chromosomes
  - 3) Genetic Principles
  - 4) Chromosomal and Gene linked Abnormalities
- 1.2 Heredity and Environment interaction
- The nature × Nurture Debate
- A) Behavior Genetics
  - B) Heredity - Environment Correlations-
  - C) shared and Non shared Environmental Experience-
  - D) The Epigenetic View and Genes Environment (GXE) interaction.

#### **UNIT 2: PRENATAL DEVELOPMENT**

- 2.1 The Course of Prenatal Development
- A) The Germinal period
  - B) The Embryonic period
  - C) The Fetal period
  - D) The Brain
- 2.2 The Teratology and Hazards to prenatal Development.
- A) Psychoactive Drugs.
    - 1) Caffeine 2) Alcohol 3) Nicotine 4) Cocaine
    - 5) Methamphetamine 6) Marijuana 7) Heroin
  - B) Incompatible Blood Types.
  - C) Environmental Hazards
  - D) Maternal Diseases
  - E) Other Parental factors
    - 1) Maternal Diet and Nutrition 2) Maternal Age
    - 3) Emotional States and stress 4) Paternal Factors

**UNIT 3: INFANCY**

Physical growth and development in infancy

- 3.1 Pattern of Growth
  - 1) Cephalocaudal pattern
  - 2) Proximodistal pattern
    - A) The Brain
    - B) The Sleep
- 3.2 The Nutrition.
  - A) Breast Vs Bottle feeding (Outcomes for child and mother)
  - B) Malnutrition in infancy
- 3.3 A) Reflection
  - B) Gross motor skills

Development of posture, learning to walk (First year and second year)

  - C) Fine motor skill

**UNIT 4: EARLY CHILDHOOD**

- 4.1 Physical Changes
  - A) Body growth and change
    - Height and weight
    - The brain
  - B) Motor Development
    - Gross motor skills
    - Fine motor skills
  - C) Nutrition and Exercise
    - Overweight young children
    - Malnutrition in young children from low income families
- 4.2 Piaget's preoperational stages
  - A) The symbolic stage
  - B) Egocentrism
  - C) Environmental Hazard
  - D) Animism
  - E) The intuitive thought sub stage
- 4.3 Emotional and Personality Development
  - A) The Self
    - Initiative Vs Guilt
    - Self understanding and understanding of others
  - B) Emotional Development

Understanding Emotions  
Regulating Emotions

NEW/REVISED SYLLABUS FOR  
**B.A. (Part II )**  
**(Introduced from June, 2014 onwards)**

**(i) Paper – III**

**(ii) Title of Paper: Social Psychology**

**(iii) Specific Objectives:**

- 1. To understand the social process.**
- 2. To understand the social perception.**
3. To acquaint the knowledge of Interpersonal Attraction
4. To understand the Processes of Aggression .

<b>i(v) UNIT</b>	<b>No.of Lectures</b>
Unit 1 Nature of Social Psychology	(No. of Lectures – 15)
Unit 2 Social Perception	(No. of Lectures – 15)
<b>Unit 3</b> Interpersonal Attraction	(No. of Lectures – 15)
Unit 4 Aggression	(No. of Lectures – 15)

Books for Reading:

1. Baron, R.A., Branscombe, Nyla R., Byrne. D. And Bhardwaj, G. (2011). Social Psychology. 12<sup>th</sup> Edition, Fourth Impression, Published by Dorling Kindersley (India) Pvt. Ltd., Licensed of Pearson Education in South Asia.

Books for Reference:

1. Baron, R.A., Branscombe, Nyla R., Byrne. D. And Bhardwaj, G. (2009). Social Psychology. 11<sup>th</sup> Edition, Published by Dorling Kindersley (India) Pvt. Ltd., Licensed of Pearson Education in South Asia

B.A. II  
SEMESTER III  
PAPER IV

SOCIAL PSYCHOLOGY

**UNIT: 1 NATURE OF SOCIAL PSYCHOLOGY**

1.1 Definition of Social Psychology

- A) Social Psychology is scientific in nature
- B) Social Psychology focus on the behavior of individuals
- C) Social Psychology seeks to understand the causes of social behavior and social thought

1.2 Social Psychology Edge

- A) Cognition and Behaviour
- B) Social Neuroscience
- C) The Role of Implicit to processes

1.3 Research as the Route to increase knowledge

- A) Systematic Observation
- B) Correlation
- C) The Experimental Method

**UNIT: 2 SOCIAL PERCEPTION**

2.1 Non-Verbal Communication

- A) Non-Verbal Cues: The Basic Channels
- B) Deception

2.2 Impression Formation and Impression Management

- A) The Beginning of Research on First impression
- B) How Quickly Are First Impression Formed?
- C) Impression Formation: A Cognitive Perspective

2.3 Impression Management

- A) Tactics of Impression Management
- B) The Role of Cognitive Load

**UNIT: 3 INTERPERSONAL ATTRACTION**

## 3.1 Interpersonal Attraction

- A) The Importance of Affiliation For Human Existence
- B) Affect and Attraction : Feeling as a Basis for Liking
- C) The Affect-Attraction Relationship and Social Influence

## 3.2 External Determinants of Attraction

- A) The Power of Proximity
- B) Observable Characteristics of Others

## 3.3 Factors based on Interactive with Others

- A) Similarity
- B) Mutual Liking
- C) Reciprocal Linking or Disliking

**UNIT: 4 AGGRESSION**

## 4.1 Perspectives on Aggression

- A) The Role of Biological Factors
- B) Modern Theories of Aggression

## 4.2 Causes of Human Aggression

- A) Social Determinants of Aggression
- B) Media Violence
- C) Violent Pornography

## 4.3 The Prevention and Control of Aggression

- A) Punishment
- B) Self-Regulations
- C) Forgiveness

NEW/REVISED SYLLABUS FOR

**B.A. (Part II) Semester IV**

**(Introduced from June, 2014 onwards)**

**(i) Paper – V**

(ii) **Title of Paper: Developmental Psychology**

(iii) **Specific Objective:**

1. To understand the developmental processes of Adolescence, Early Adulthood Middle Adulthood and Late Adulthood

(v) <b>UNIT</b>	<b>No. of Lectures</b>
Unit 1 Adolescence	(No. of Lectures – 15)
Unit 2 Early Adulthood	(No. of Lectures – 15)
Unit 3 Middle Adulthood	(No. of Lectures – 15)
Unit 4 Late Adulthood	(No. of Lectures – 15)

(vi) **Recommended Reading :**

1. Santrock, J.W.(2011). Life-Span Development, Thirteenth Edition, New Delhi:Tata Mcgraw Hill Education Private Limited

**c) References**

1. Borude, R.R. Kumathekar, Medha & Golvilkar, Shila (2013). Vaikasik Manasashatra, Dusari Aavruti, Pune: Pune Vidhyarthi Gruh Prakashan
2. Papalia, Diane E. and Olds Sally Wendkos (2004).Human Developmental, 9<sup>th</sup> Ed., Tata McGraw – Hill Publishing Company Ltd New Delhi,

## Semester- IV

### Paper- V

## DEVELOPMENTAL PSYCHOLOGY

### **UNIT: 1 ADOLESCENCE**

- 1.1 The nature of adolescence
  - A) Physical changes - Puberty, sexual maturation, hormonal changes, timing and variations in puberty
  - B) The brain
- 1.2
  - A) Adolescent sexuality
  - B) Developing sexual identity - The timing of adolescent behaviour
  - C) Adolescent health
  - D) Parent- adolescent conflict
  - E) Friendship
  - F) Peer group and peer group pressure
- 1.3
  - A) Adolescent problems

- B) Juvenile Delinquency - Causes
- C) Depression and suicide

## **UNIT: 2 EARLY ADULTHOOD**

### 2.1 Physical performance and Development

- A) Health
- B) Obesity - Heredity, Leptin, Set-point, Dieting
- C) Substance Abuse - Alcohol, Bringe drinking, Cigarette smoking, Nicotine

### 2.2 The Faces of Love.

- A) Intimacy
- B) Friendship - Gender differences in friendship
- C) Romantic Love
- D) Affectionate Love
- E) Consummate Love

### 2.3 A) Falling out of Love

- B) Making marriage work

## **UNIT: 3 MIDDLE ADULTHOOD**

### 3.1 Physical changes

- A) Visible signs
- B) Height and weight, strength
- C) Vision and hearing
- D) Cardiovascular system
- E) Lungs and sleep

### 3.2 Health and Diseases

Sexuality (Menopause)

### 3.3 Work in Middle life

- A) Career Challenges and changes
- B) Leisure
- c) Stress and personal control in mid life

## **UNIT: 4 LATE ADULTHOOD**

### 4.1 Biological theories of aging

- A) Evolutionary Theory
- B) Cellular clock theory
- C) Free-Radical theory
- D) Mitochondrial theory
- E) Hormonal stress theory

## 4.2 Health Problems

- A) Causes of death in older adults
- B) Arthritis
- C) Osteoporosis
- D) Accidents

## 4.3 Exercise and Nutrition

## NEW/REVISED SYLLABUS FOR

**B.A. (Part II ) Sem IV****(Introduced from June, 2014 onwards)****(i) Paper – VI****(ii) Title of Paper: Applied Psychology****(iii) Objectives:**

- 1.To understand the applications of the psychology.**
- 2. To know the interpersonal communication process.**
- 3. To understood the stress and its effect.**
- 4. To know the relationship between psychology and physical health.**

**(iv) UNIT****No. of Lectures**

Unit 1	<b>Interpersonal Communication</b>	<b>(No. of Lectures – 15)</b>
Unit 2	<b>Stress and its Effects:</b>	<b>(No. of Lectures – 15)</b>
Unit 3	<b>Coping Processes</b>	<b>(No. of Lectures – 15)</b>
Unit 4	<b>Psychology and Physical Health</b>	<b>(No. of Lectures – 15)</b>

**(v) Books for Reading**

1. Weiten, W. and Lloyd, Margaret A. (2004). Psychology Applied to Modern Life, 7<sup>th</sup> Edition Thomson Asia Pte, Ltd., Singapore.

**Books for Reference**

1. Atwater, Eastwood (1994): Psychology for Living, 5<sup>th</sup> Edition, Prentice-Hall of

India Private Limited, New Delhi.

2. Barve, B.N.(1998). Jiwanmanachye Manasashatra, Jalana:Sankalpa Pub.

3. Palasane, Naware (Ed.), (1993). Upayojit Manashatra, Navi Delhi: Waily Eastern Limited.

4. Pandit, Kulkarni ani Gore (2000).Upayojit Manashatra, Nagpur: Pimpalpure Publishers.

**SHIVAJI UNIVERSITY, KOLHAPUR**  
**NEW SYLLABUS FOR B.A.II (PSYCHOLOGY)**  
**SEMESTAR PATTERN**  
 (To Be Implemented from June, 2014)

**Sem IV**

**Paper -VI**

**Applied Psychology**

**1. Interpersonal Communication:**

1.1 The process of interpersonal communication:

- (a) Components of communication process
- (b) Communication and adjustment

1.2 Nonverbal Communication:

- (a) General principles
- (b) Elements of nonverbal communication

1.3 Effective communication

- (a) Creating a positive interpersonal climate
- (b) Conversational skills

**2. Stress and its Effects:**

2.1 The nature of Stress

2.2 Responding to Stress

- a) Emotional responses
- b) Physiological responses

2.3 Effects of stress

- a) Disruption of cognitive functioning
- b) Posttraumatic stress disorders
- c) Physical illness
- d) Positive effects

**3. Coping Processes:**

3.1 The concept of coping

3.2 Appraisal –focused constructive coping

- a) Ellis's rational thinking
  - b) Positive reinterpretation
- 3.3 Problem focused constructive coping
- a) Using systematic problem solving
  - b) Using time more effectively
- 3.4 Emotion-focused constructive coping
- a) Enhancing emotional intelligence
  - b) Releasing pent-up emotions
  - c) Managing hostility and for giving others

## **4. Psychology and Physical Health:**

- 4.1 Stress, personality and illness
- (a) Personality, emotions & heart disease
  - (b) Stress and Cancer
- 4.2 Habits, lifestyles and health
- (a) Smoking
  - (b) Drinking
- 4.3 Reactions to illness
- (a) The decision to seek treatment
  - (b) The sick role
  - (c) Communicating with health providers
  - (d) Adherence to medical advice